

**June 7, 2015**  
**Unravelling**

Psalm 18:30 – This God—his way is perfect; the word of the Lord proves true; he is a shield for all those who take refuge in him.

Ever felt like it was all unravelling? Maybe that trip you were planning for months fell apart at the last minute. Maybe someone you thought loved you stabbed you in the back and left your heart in pieces. Maybe a loved one was diagnosed with a terminal ailment. Sometimes the tapestry of our lives just doesn't make any sense anymore because of the pain we've suffered recently. When these things and others like them happen in our lives it can feel as if someone is pulling on a loose thread in our blanket. The comfort and security we once knew and cherished is or has fallen apart. What's left is a hole in the picture of our lives and worse, in the middle of our hearts.

Where do we turn at times like this? What or who do we run to when our world seems to be unravelling around us? Different people handle these "holes" differently. Some people retreat into themselves for thoughtful reflection and reminiscing. Others have to get out, out of themselves, out of the house out of the country. They need some distance to process and heal. Still others laugh, remembering the good things about the past is balm for them and encouragement to continue through the pain and tears.

Regardless of how you deal with "Unravelling," as Christians we all have the same place to run to, the shelter of the Most High. In

# Roots

Jesus Christ the holes of our life's tapestry are made whole again. We may miss the embrace of a loved one, but in Christ we have the hope of reuniting with them in heaven.

When life is unravelling around us, Jesus invites us to run to Him. He promises that his way is perfect, and though we may not see it yet He is working through these moments of pain, through the broken promises and through the broken hearts for our good. So, in these times of unravelling, uncertainty and unknowing we have a sure refuge to shield us from the doubt or evil that may come from the pain.

In each moment of the days to come you are guarded and guided. The Savior speaks to you through his word in Scriptures and guides you by the Holy Spirit. For all of those moments where you feel alone, helpless and that your world is unravelling, the loving Creator, Savior and Sustainer of all is right there with you. In his true and mighty word, you are promised that regardless of what tribulations you will face here in this world, Christ has overcome the world. In Him is your victory; in Him is your life; in Him is your shelter; in Him is the loom that will weave your life back together by His great love.

*Dear Lord, though the world may unravel around us, you are there to protect us. Remind us of this, give us comfort in the struggles that we will face in this world, and shield us from evil. Amen.*

*Pastor Cate P. Jh*

